



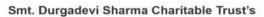
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Total Number of extension and outreach Programmed conducted by the institution through NSS/ NCC/Government and Government recognized bodies during the year

Sr. No	Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	NO OF STUDENTS PARTICIPATING	Beneficiaries
1	POWAI LAKE CLEANLINESS DRIVE	CHANDRABHAN SHARMA COLLEGE	NSS	45	250
2	QUIZ ON WORLD ENVIRONMEN T DAY	CHANDRABHAN SHARMA COLLEGE	NSS	44	44
3	ONE MONTH YOGA TRAINING SESSION	AMBIKA YOG KUTIR	NSS	52	52
4	CELEBRATION OF INTERNATION AL YOGA DAY	AMBIKA YOG KUTIR	NSS	73	73
5	HEALTH CHECK UP CAMP	ROTARY CLUB	NSS	66	66
6	INDEPENDENC E DAY CELEBRATION	CHANDRABHAN SHARMA COLLEGE	NSS	55	
7	CROWD MANAGEMENT DURING GANPATI IMMERSION	MUMBAI (POWAI) POLICE	NSS	19	400
8	LECTURE ON CITIZEN AWARENESS PROGRAM	MUMBAI (POWAI) POLICE	NSS	75	75
9	BLOOD DONATION CAMP	NAIR HOSPITAL	NSS	100	225
10	SWAMI VIVEKANAND RUN FOR UNITY	ABVP -POWAI BRANCH	NSS	30	1203
11	LECTURE ON GANDHI PHILOSOPHY	ABVP -POWAI BRANCH	NSS	48	48





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12	KANJURMARG RAILWAY STATION CLEANLINESS DRIVE	CHANDRABHAN SHARMA COLLEGE	NSS	55	350
13	IGNOU AWARENESS PROGRAM FOR DROPOUT STUDENTS	IGNOU	NSS	35	80
14	ROAD SAFETY AWARENESS ON DEFENSIVE DRIVING	NSS CELL OF UNIVERSITY OF MUMBAI	NSS	29	29
15	WALK FOR LIFE - BREAST CANCER AWARENESS PROGRAM	HIRANANDANI HOSPITAL	NSS	34	34
16	PAPER BAG MAKING ACTIVITIES	CHANDRABHAN SHARMA COLLEGE	NSS	34	65
17	VISHWA MARATHI SAMMELAN	NSS CELL OF UNIVERSITY OF MUMBAI	NSS	14	14
18	REPUBLIC DAY CELEBRATION	CHANDRABHAN SHARMA COLLEGE	NSS	55	
19	SPECIAL NSS SEVEN DAYS RESIDENTIAL CAMP	NSS CELL OF UNIVERSITY OF MUMBAI	NSS	42	
20	YOUTH STAND FOR PEACE	NSS CELL OF UNIVERSITY OF MUMBAI	NSS	40	
21	AIDS AWARENESS PROGRAMME	CHANDRABHAN SHARMA COLLEGE	DLLE	75	75
22	BEST OUT OF WEST	CHANDRABHAN SHARMA COLLEGE	DLLE	10	10
23	ESSAY WRITING COMPETITION ON SOCIAL ISSUES	CHANDRABHAN SHARMA COLLEGE	DLLE	18	18
24	POSTER MAKING COMPETITION ON SOCIAL ISSUES	CHANDRABHAN SHARMA COLLEGE	DLLE	12	12
25	UDAAN THE	DLLE CELL OF	DLLE	85	350





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	FLIGHT OF	UNIVERSITY OF			
	EXTENSION	MUMBAI			
26	WORLD	CHANDRABHAN	DLLE	43`	43
	YOUTH SKILL	SHARMA COLLEGE			
	DAY				
27	SEMINAR ON	MY GREEN SOCIETY	NATUR	62	62
_,	WORKING	WIT GREEN SOCIETI	E CLUB	02	02
	TOWARDS		LCLCB		
	CARBON -				
	NEUTRAL				
20	PLANET	CATALOGO V DATA V	NA TENED	110	112
28	QUIZ	CHANDRABHAN	NATUR	113	113
	COMPETITION	SHARMA COLLEGE	E CLUB		
	ON				
	INTERNATION				
	AL BIO -				
	DIVERSITY				
	DAY				
29	E-WASTE	WE-THE RECYCLING	NATUR	25	
	MANAGEMENT	COMPANY	E CLUB		
	WEEK				
30	WORKSHOP ON	YOUNG	NATUR	46	46
	ECO -	ENVIRONMENTALIST	E CLUB	-	
	FRIENDLY	<u> </u>	2 0202		
	GANESH IDOL				
	MAKING				
31	SEMINAR ON	TECHECHO E WAST	NATUR	56	56
31	AWARENESS	MANAGMENT LLP	E CLUB	50	30
	ABOUT E-	MANAOMENT EEI	E CLUB		
	WASTE				
20		VOUNC	NIATIID	40	40
32	CELEBRATION	YOUNG	NATUR	40	40
	OF WORLD	ENVIRONMENTALIST	E CLUB		
	WETLAND				
	DAY				
33	SEMINAR ON	MILLONMINDS	WDC	71	71
	"EFFECTIVE				
	COMMUNICATI				
	ON,				
	GROOMING				
	SKILLS AND				
	MENSTRUAL				
	HYGIENE"				
34	A GUEST	SRI SATHYA SAI	WDC	57	57
	LECTURE ON	INTERNATION			
	"HAPPY GO	ORGNISATION			
	LUCKY"				
35	MEDITATION	PYRAMID SPIRITUAL	WDC	49	49
	SESSION FOR	SOCIETY MOVEMENT			
	GIRLS				
36	LECTURE ON	GRAPHENE CAMPUS	WDC	71	71
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	PERSONALITY DEVELOPMEN T AND MENSTRUAL HYGIENE	CONNECT PVT LTD			
37	LECTURE ON SKIN CARE & HYGIENE	PATHBREAKE	WDC	50	50
38	SEMINAR ON MENSTRUAL HYGIENE AND AWARENESS ABOUT UTERUS CANCE	CHANDRABHAN SHARMA COLLEGE	WDC	93	93
			TOTAL	1878	4224





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#### REPORT

#### Bachelor of Financial Markets (2022-23)

Particulars	Description
Name of the event :	World Youth Skill Day (Excel basics for Data Science)
Date of the event :	15 <sup>th</sup> July, 2022
Time:	10.15 am to 11.15 a.m.
Venue:	6 <sup>th</sup> Floor I.T Lab
Stream / Class :	BFM (Bachelor of Financial Markets)
Faculty in charge :	Mr. Ravi Vishwakarma
Faculty members :	Ms. Ganashree Chilka
No. of Participants :	43 Students
Resource Person :	Mr. Rawool Vijay Anil
Description of the Event :	On the occasion of World Youth Skills Day 2022, Department of Lifelong Learning and Extension (DLLE) organised a Skill development program named "Excel basics for Data Science" for all the Degree College students. Resources person for the event was Mr. Rawool Vijay Anil.
Outcome of the Event :	Students understood the basis of Excel. Students understood the concept of data science and its importance in today's world. Students can now perform basic Excel functions like Table View, Chart View, Fixing, Formatting, etc.

Mr.Ravi Vishwakarma

Coordinator of BFM





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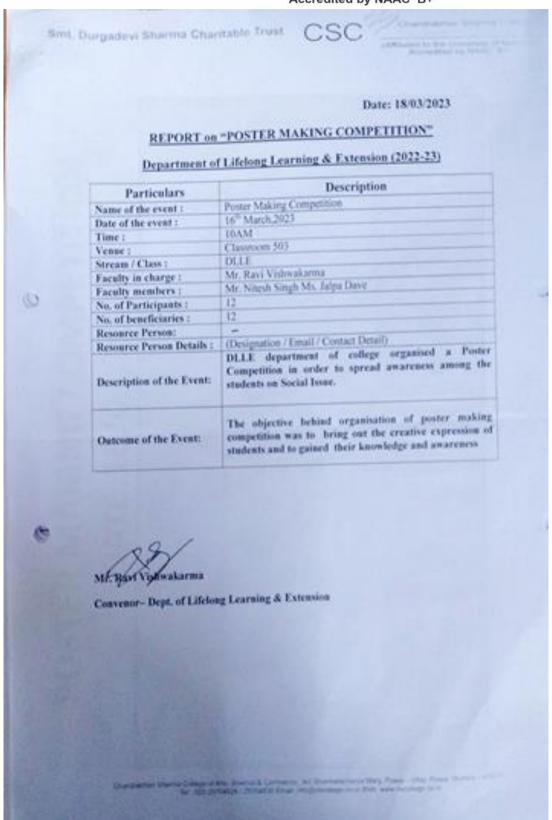
Smt. Durgadevi Sharma Charitable Trust Date: 28/03/2023 REPORT on "Best out of waste" Department of Lifelong Learning & Extension (2022-23) Description **Particulars** Best out of waste Name of the event: 27th March, 2023 Date of the event : 11 am Onwards Time: Venue: 302 Stream / Class: DLLE Faculty in charge: Mr. Ravi Vishwakarma Faculty members : No. of Participants : Mr.Nitesh Singh Ms.Jalpa Dave 10 No. of beneficiaries : 10 1) Resource Person: (Designation / Email / Contact Detail) Resource Person Details: To make students aware of the uses of waste materials and to give them a lesson on reducing waste to save our future Description of the Event: Students Learned to enhance not only the creativity and presentation skills of the students but also helped them to Outcome of the Event: realize the importance of recycling and reusing waste material available to them. Convenor-Dept. of Lifelong Learning & Extension





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Date: 2nd December, 2022

#### REPORT on "AIDS Awareness Program"

#### Department of Lifelong Learning & Extension (2022-23)

Particulars	Description
Name of the event :	AIDS Awareness Program
Date of the event :	01st December,2022
Time:	10AM
Venue:	Classroom 502
Stream / Class :	DLLE
Faculty in charge :	Mr. Ravi Vishwakarma
Faculty members :	Mr. Nitesh Singh Ms. Jalpa Dave
No. of Participants :	75
No. of beneficiaries :	75
Resource Person:	Mr. Ravi Vishwakarma
Resource Person Details:	(Designation / Email / Contact Detail)
Description of the Event:	In order to make students and other college participants aware about the detection and prevention of AIDS, an awareness program is getting organised by DLLE department of Chandrabhan Sharma College.
Outcome of the Event:	By this awareness program participants got more information about how to prevent AIDS.

Mr. Rayi Vishwakarma

Convenor- Dept. of Lifelong Learning & Extension

Chandrabnan Sharma Gollege of Arts. Science & Commerce. Ad Shankaractianya Marg. Powa. What Powa. Margio Science and Powa. What Powa. Margio Science and Powa. Web www.science.com





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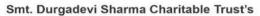
#### NATIONAL SERVICE SCHEME (2022-23)

Particulars	Description
Name of the event :	Youth Stand For Peace
Date of the event :	25-02-2023
Time:	05:30 P.M. onwards
Venue:	Vishnu Hanuman Grounds, Goregaon
Stream / Class:	NSS
Faculty in charge:	Tushar Shah
Faculty members:	-
No. of Participants:	40
No. of beneficiaries :	40
Resource Person:	-
Description of the Event :	This activity was held at Vishnu Hanuman Grounds, Goregaon (west).  It was a university level activity.  Gurudev addressed the youth and give clarity on life goals.  The event also has cultural program.  Gurudev also helped students to get clarity about how to work on academics and extra curricular as well.
Outcome of the Event :	Volunteers got knowledge about life goals and focus.  Total 40 students participated in this activity.

Mr. Tushar Shah

NSS Program Officer

an Sharma College of Arts, Science & Commerce, Adi Shankaracharya Marg, Powai - Vihar, Powai, Mumbai - 4000°C Tel.: 022-25704526 / 25704530 Email: info@cscollege.co.in Web; www.cscollege.co.in

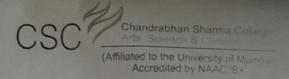




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#### NATIONAL SERVICE SCHEME (2022-23)

Particulars	Description
Name of the event:	NSS RESIDENTIAL CAMP
Date of the event:	03/02/23 to 09/02/23
Time:	-
Venue:	Mhaskal, Titwala
Stream / Class:	NSS
Faculty in charge:	Tushar Shah
Faculty members :	-
No. of Participants:	42
No. of beneficiaries:	42
Resource Person:	-
Description of the Event :	It was a special 7 days residential camp where students cleaned the campsite, teach the students of the village according to curriculum, cleaned the school in the village, conducted health checkup camp & spread awareness through rally regarding girl education and Health & hygiene.
Outcome of the Event :	Volunteers get to know about the rural lifestyle. Volunteers improved their communication and engagement skill. Volunteers emerged with their best qualities.

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Mr. Tushar Shah

NSS Program Officer





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#### **NATIONAL SERVICE SCHEME (2022-23)**

Particulars	Description
Name of the event :	Republic Day
Date of the event :	26-01-2023
Time:	07:00 A.M. to 09:00 A.M.
Venue:	Ground Floor, College
Stream / Class:	NSS
Faculty in charge:	Tushar Shah
Faculty members :	
No. of Participants:	55
No. of beneficiaries:	55
Resource Person:	
Description of the Event :	The Program started at 8:00 a.m. at ground floor. It was followed by rangoli and poster making competition. Principal Mam felicitated our honourable chief guest Later on Flag Hoisting took place and principal mam and our chief guest sir address the students and motivated them And later on some performance and price distribution took place.
Outcome of the Event :	Volunteers, staff everyone came together to celebrate this auspicious day.  Total 55 students became the part of the celebration of this auspicious day.

Av Ibal Mr. Tushar Shah

**NSS Program Officer** 

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Tel. 022-25704526 / 25704530 Email: info@cscollege.co.in Web: www.cscollege.co.in





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#### NATIONAL SERVICE SCHEME (2022-23)

Particulars	Description		
Name of the event :	Republic Day		
Date of the event :	26-01-2023		
Time:	07:00 A.M. to 09:00 A.M.		
Venue:	Ground Floor, College		
Stream / Class:	NSS		
Faculty in charge:	Tushar Shah		
Faculty members :			
No. of Participants:	55		
No. of beneficiaries:	55		
Resource Person:	-		
Description of the Event :	The Program started at 8:00 a.m. at ground floor. It was followed by rangoli and poster making competition. Principal Mam felicitated our honourable chief guest Later on Flag Hoisting took place and principal mam and our chief guest sir address the students and motivated them And later on some performance and price distribution took place.		
Outcome of the Event :	Volunteers, staff everyone came together to celebrate this auspicious day.  Total 55 students became the part of the celebration of this auspicious day.		

Pu that Mr. Tushar Shah

NSS Program Officer





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#### NATIONAL SERVICE SCHEME (2022-23)

Particulars	Description
Name of the event :	Vishwa Marathi Sammelan
Date of the event:	06-01-2023
Time:	08:00 A.M. onwards
Venue:	SVP Stadium Worli
Stream / Class:	NSS
Faculty in charge :	Tushar Shah
Faculty members :	-
No. of Participants:	14
No. of beneficiaries :	14
Resource Person:	- 150
Description of the Event :	The Program started at 10:00 A.M. at the NSVP stadium. The guest honourable minister Nitin Gadkari gave volunteers information about green energy. Volunteers got a lecture on entrepreneurship. The event consist of entertainment programmes, experience sharing by Marathi actors.
Outcome of the Event :	Volunteers gain knowledge about green energy, entrepreneurship and experience of actors.  Total 14 students became the part of event.

Mr. Tushar Shah

NSS Program Officer

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### NATIONAL SERVICE SCHEME (2022-23)

Particulars	Description
Name of the event:	Paper Bag Making
Date of the event:	4-12-2022 to 06-12-2022
Time:	10.00 AM to 12.00 noon
Venue:	Class Room No. 502
Stream / Class:	NSS
Faculty in charge:	Tushar Shah
Faculty members:	-
No. of Participants:	34
No. of beneficiaries:	34
Resource Person:	-
Description of the Event :	This activity was held in room no. 502. Firstly, students collected the newspaper and learnt how to make paper bag from YouTube. Later on they assemble to make paper bags. Each student was assigned to make at least 30 bags.
Outcome of the Event :	Volunteers made overall 1100 paper bags for the distribution for reduce the use of plastic Spread awareness of Anti plastic Total 34 students participated in this activity

Mr. Tushar Shah

**NSS Program Officer** 

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#### NATIONAL SERVICE SCHEME (2022-23)

Particulars	Description
Name of the event :	Walk for Life [ Breast cancer life]
Date of the event :	27-11-2022
Time:	7.30 to 8.30 am
Venue:	Hirandaini powai
Stream / Class:	NSS
Faculty in charge:	Tushar Shah
Faculty members :	
No. of Participants :	34
No. of beneficiaries :	34
Resource Person:	
Description of the Event :	This activity was held in Hiranandani, Powai. Firstly, Students registered themselves and proceed for the walk. Later on Head doctor from Hiranandani hospital addressed the crowd. The Doctor told students about the breast cancer and how can we take precaution and prevent it.
Outcome of the Event :	Volunteers learnt about cause and prevention of breast cancer.  Total 34 students participated in this major cause.

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Mr. Tushar Shah

NSS Program Officer



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#### NATIONAL SERVICE SCHEME (2022-23)

Particulars	Description
Name of the event:	Road Safety - Defensive Driving Awareness campaign
Date of the event:	10-11-2022
Time:	11 AM to 12.30 noon
Venue:	Room No 502
Stream / Class:	NSS
Faculty in charge:	Tushar Shah
Faculty members:	
No. of Participants:	29
No. of beneficiaries:	29
Resource Person:	Mr. Swayam Bhandare
Description of the Event :	This activity was to train volunteers on how to use defensive driving application.  Students were instructed to download Defensive Driving app. Later on they registered and started a course "Badhti ka Naam Gaadi."  Students completed 24 modules through video lecture.
Outcome of the Event :	Later on they attempted quiz.  This activity was to train volunteers on how to use defensive driving application.  Students were instructed to download Defensive Driving app. Later on they registered and started a course "Badhti ka Naam Gaadi."  Students completed 24 modules through vide

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Mr. Tushar Shah

NSS Program Officer

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#### NATIONAL SERVICE SCHEME (2022-23)

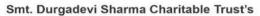
Particulars	Description
Name of the event :	IGNOU Awareness
Date of the event:	19-10-2022
Time:	11.00 AM to 1.00 PM
Venue:	Sanagarsh Nagar
Stream / Class:	NSS
Faculty in charge:	Tushar Shah
Faculty members:	•
No. of Participants :	35
No. of beneficiaries :	35
Resource Person:	-
Description of the Event :	This activity was held at Sangharsh Nagar, Powai. Students were provided the IGNOU brochures and were instructed to spread the information about IGNOU. Later on they went door to door to spread about IGNOU and telling details to everyone. The duration of the activity was 2 hours.
Outcome of the Event :	Volunteers get to know how to interact with people.  Total 35 students participated and spread awareness about IGNOU.

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Mr. Tushar Shah

**NSS Program Officer** 

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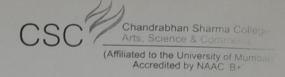


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#### NATIONAL SERVICE SCHEME (2022-23)

Particulars	Description
Name of the event :	Lecture on Gandhi philosophy
Date of the event:	03-10-2022
Time:	9 AM to 10 AM
Venue:	Room No 301
Stream / Class:	NSS
Faculty in charge:	Tushar Shah
Faculty members :	-
No. of Participants:	48
No. of beneficiaries :	48
Resource Person:	Mr.Varun Bhosle
Description of the Event :	Students gathered at Room no. 301. The speaker explained Gandhian Lifestyle and thoughts. The session was held for 2 hours. The students were told the brief information of Mahatma Gandhi. This lecture took place on the occasion Gandhi Jayanti.
Outcome of the Event :	Students get knowledge about importance of Gandhian Thoughts and lifestyle.  Total 48 students were attended this lecture.

Mr. Tushar Shah

NSS Program Officer

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#### NATIONAL SERVICE SCHEME (2022-23)

Particulars	Description
Name of the event:	Swami Vivekananda run for Unity
Date of the event :	18-09-2022
Time:	6 AM to 10 Am
Venue:	Heritage garden - Hirandaini powai
Stream / Class :	NSS
Faculty in charge :	Tushar Shah
Faculty members :	-
No. of Participants :	30
No. of beneficiaries :	1203
Resource Person:	Subramanya Bhatt
Description of the Event :	The event was held at Heritage garden, Powai. The students were given sign boards. Students were given stalls to give water to the participants. Everyone actively participated in the event and performed their duties accordingly.
Outcome of the Event :	Students helping the participants throughout the run and they learn importance of run powai Total 30 students actively participated in this event

Mr. Tushar Shah

**NSS Program Officer** 

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#### NATIONAL SERVICE SCHEME (2022-23)

Particulars	Description
Name of the event:	Blood Donation Camp
Date of the event :	17-09-2022
Time:	8.00 AM to 2.00 PM
Venue:	Auditorium
Stream / Class:	NSS
Faculty in charge:	Tushar Shah
Faculty members :	-
No. of Participants:	100
No. of beneficiaries :	75
Resource Person:	-
Description of the Event :	The camp was held at the mini auditorium.  The event took place in association with LIONS Club.  Later the blood donation took place.  Students and employees contributed enthusiastically in the voluntary blood donation drive.
Outcome of the Event :	Total 75 bottles of blood was collected. The awareness about blood donation was spread. Total 75 students contributed enthusiastically in this camp.

Mr. Tushar Shah

**NSS Program Officer** 

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#### **NATIONAL SERVICE SCHEME (2022-23)**

Particulars	Description
Name of the event :	Citizen Awareness Program
Date of the event:	08-09-2022
Time:	10.00 AM to 12.00 noon
Venue:	Room No. 502
Stream / Class:	NSS
Faculty in charge:	Tushar Shah
Faculty members:	-
No. of Participants:	75
No. of beneficiaries:	75
Resource Person:	Mrs. Padmavati From Mumbai Police
Description of the Event :	This session was held in room no. 502.  This event was organised by Mumbai Police.  The speaker gave the students an insight about outdoor security, how to help one- self as well as others. There were pointers as to how to react when different critical situations occur suddenly. The speaker made the audience aware of the fact that females have two weapons: their voice and sixth sense, which have to be used potentially in dire situations.
Outcome of the Event :	The Students get the awareness and message with reference to safety measurement during the travelling of Mumbai Police.  Total 75 students attended the program and got benefited.

Tulhat Mr. Tushar Shah

**NSS Program Officer** 

Chandrabhan Sharma College of Arts, Science & Commerce, Adi Shankaracharya Marg, Powai - Vihar, Powai, Mumbai - 400076 Tel.: 022-25704526 / 25704530 Email: info@cscollege.co.in Web: www.cscollege.co.in





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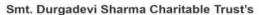
#### **NATIONAL SERVICE SCHEME (2022-23)**

Particulars	Description
Name of the event:	Independence Day celebration
Date of the event:	15-08-2022
Time:	7.30 AM to 9.30 AM
Venue:	College - Ground Floor
Stream / Class:	NSS
Faculty in charge:	Tushar Shah
Faculty members:	
No. of Participants:	55
No. of beneficiaries:	55
Resource Person:	
Description of the Event :	The event was held on the ground floor. The Principal Mam felicitated our guest of the day. Later, flag hoisting was done by the guest. Afterward, the principal and our guest addressed the students and spoke a few motivational words. Later, some performance and price distribution took place.
Outcome of the Event :	Volunteers get motivation from the speaker and Principal. Total 55 students became the part of this celebration.

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#### NATIONAL SERVICE SCHEME (2022-23)

Particulars	Description
Name of the event:	Free Health Check-up camp
Date of the event :	24-06-2022
Time:	9 AM to 4 PM
Venue:	Auditorium
Stream / Class:	NSS
Faculty in charge:	Tushar Shah
Faculty members :	-
No. of Participants:	66
No. of beneficiaries:	66
Resource Person:	Team from Hiranadani Hospital
Description of the Event :	The camp was held on the ground floor in the mini auditorium. The camp was in collaboration with Hiranandani Hospital. The camp was having various check-ups. Later, everyone was getting feedback from the doctor on the basis of the results of the check-up.
Outcome of the Event :	Total 66 students took benefit from this camp. The awareness about importance of Health check-up was successfully delivered.

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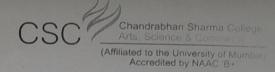


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#### NATIONAL SERVICE SCHEME (2022-23)

Particulars	Description
Name of the event:	INTERNATIONAL YOGA DAY
Date of the event:	21-06-2022
Time:	10:00 A.M. to 11.30 A.M.
Venue:	Room No 302
Stream / Class:	NSS
Faculty in charge:	Tushar Shah
Faculty members :	
No. of Participants:	73
No. of beneficiaries :	73
Resource Person:	Rajesh Suthar
Description of the Event :	Volunteers gathered at Mini Auditorium and practiced yoga. The event took place with the association of Ambika Yog Kutir. This activity was done at the university Level. Students were told about the benefits of each yoga exercise.
Outcome of the Event :	Students get to know about the benefits and importance of Yoga.  Total 73 students got benefited from this event

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### NATIONAL SERVICE SCHEME (2022-23)

Particulars	Description
Name of the event :	Yoga Training Session
Date of the event :	17-06-2022 to 17-7-2022
Time:	08:00 A.M. to 09:00 A.M.
Venue:	Room No 302
Stream / Class:	NSS
Faculty in charge:	Tushar Shah
Faculty members :	Auditat Ollati
No. of Participants :	52
No. of beneficiaries :	52
Resource Person:	Rajesh Suthar
Description of the Event :	Volunteers gathered in room No.302 and got training sessions on Yoga. The event took place with the association of Ambika Yog Kutir. Students practiced various pranayama and yoga aşanas. Students were told about the benefits of each yoga exercise.
Outcome of the Event :	Students get to know about the benefits and importance of Yoga.  Total 52 students got benefited from this event.

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#### NATIONAL SERVICE SCHEME (2022-23)

Particulars	Description
Name of the event :	Quiz Competition on "WORLD ENVIRONMENT DAY"
Date of the event :	05-06-2022
Time:	10:00 A.M. to 11:00 A.M.
Venue:	
Stream / Class:	NSS
Faculty in charge :	Tushar Shah
Faculty members :	
No. of Participants:	44
No. of beneficiaries :	44
Resource Person :	- 3
Description of the Event :	Students joined google meet. The quiz link was given to students. The duration of the quiz was 1 hour. The guest speaker gave information about the environment. This was a university-level event.
Outcome of the Event :	Students knowledge about environment was observed through this quiz.  Total 44 students attended the meet and took part in the quiz competition.

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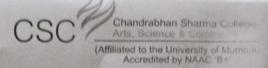


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#### NATIONAL SERVICE SCHEME (2022-23)

Particulars	Description
Name of the event:	Powai Cleanliness Drive - 3 Sundays
Date of the event :	17-04-2022 to 01-05-2022
Time:	7.30 to 8.30 am
Venue:	Powai Lake
Stream / Class:	NSS
Faculty in charge:	Tushar Shah
Faculty members :	
No. of Participants :	45
No. of beneficiaries :	45
Resource Person:	-
Description of the Event :	Students gathered at Powai Lake. Students were divided into groups and were given garbage bags and gloves. It was in collaboration with "Jallosh Clear Coasts." The Activity was held for a total of 3 Sundays.
Outcome of the Event :	Students get knowledge about importance of keeping water bodies clean.  Total 45 students participated in the drive.

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Date:-11th February, 2023

#### REPORT

The Women Development Cell of our college organized a lecture on 10<sup>th</sup> February, 2023 on the topic "Effective Communication, Grooming Skills and Menstrual Hygiene" for girls across all streams from 9.00 am to 10.00 am in room no. 502.

The session was conducted by resource person Ms. Yashika Ranglani, who is also a soft skills trainer. She gave an insight on how to develop overall personality specifically mentioning about interviews and how to face them boldly along with carrying a confident personality and how to groom ones overall skill for career enhancement. She also mentioned about menstruation and maintaining proper personal hygiene. She also gave a briefing on overall healthcare and hygiene and how to follow the same as a routine in our lives. At the end of the session, their team also distributed a free sample of hair removing razor and whisper pads to the students. At the end of the lecture, there was a question and answer session and few students interacted with the speaker and clarified their doubts.

Outcome: The main objective of conducting this session was to develop knowledge on personality development and menstrual hygiene. To help the students understand the links between personality development and personal hygiene and one's dignity, confidence and comfort. 71 students participated in this session and found the lecture to be very useful.

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Ms. Sharlet Bhaskar Convenor, Women Development Cell.







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Date:-26th February, 2023

#### REPORT

The Women Development Cell of our college organized a lecture on 25<sup>th</sup> February, 2023 on the topic "Happy Go Lucky" for first and third year students of Bachelor of Commerce from 9.00 am to 10.00 am in room no. 603.

The session was conducted by resource person Ms. Priya Gajwani, who is a Happiness coach and she inspires people to live their life to the fullest. She addressed the students on topics like social media pressure, career stress, exam pressure, breakup tension, feeling of misunderstood by adults, peer pressure etc. She interacted with the students and the students also asked her many questions. This session emphasized to students that learning is a lifelong process and everyone is unique and amazing. 57 students participated in this session and found the lecture to be very useful.

Outcome: The main objective of conducting this session was to make the students confident and happier in life and to pursue further career. This programme also helped them accept themselves and then address other stress of life more confidently and easily.

Ms. Sharlet Bhaskar

Convenor,

Women Development Cell.





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DATE: - 1st August, 2022

#### REPORT

The Health & Counseling in association with Women Development Cell of Chandrabhan Sharma College of Arts, Science & Commerce organized Seminar on Menstrual Hygiene and Awareness about Uterus Cancer on 1st August, 2022

The resource person for the seminar was Mrs. Anushka Ankush Asolkar. The programme started with a welcome note and introduction by Ms. Sharlet Bhaskar, Convenor Women Development Cell followed by Ms. Neha Mishra, Convenor Health and Counseling.

The seminar was very informative as Mrs. Anushka explained about how sanitary pads are made from plastic which are harmful to our body and can lead to many kinds of infections one of which is Uterus Cancer too. She also gave a good demo about the usage of pads which are purely made with cotton cloth and with a proper gel based property which not only has health benefits but also environmental benefits as they are biodegradable sanitary pads.

The session ended by a vote of thanks by our TYBCOM student Ms. Nimisha Kinjalkar.

Outcome: The poor knowledge and understanding of menstruation may lead to unsafe hygienic practice that in turn increases the risk of reproductive and genito-urinary tract infections, cervical cancer and overall poor quality of life. Despite such clinical and academic effects, the knowledge and hygienic practice of adolescent girls towards menstruation is not well addressed particularly among adolescent girls. Therefore, the main objective of conducting this session was to inculcate and share the knowledge and menstrual hygiene practices among the students of the college. A total of 93 girls from S.Y & T.Y.B.COM attended the session.

(Convenor)

Ms. Sharlet Bhaskar

Women Development Cell

(Convenor)

Ms. Neha Mishra

Health and Counselling





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